



A Voice for Vocations

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Anne Champagne
2020-2022

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PREZ SEZ



JOHN LE DUC

SOME RULES THAT MIGHT BE GOOD TO ADOPT FOR LENT.

We are but a few days into the beginning of Lent. Articles that are written during these times discuss the significance of the "season," what we should or should not be doing during this time of the year. While this subject was my intention as I began this article, I find that I cannot stop thinking of a recent discussion with friends following a Monday morning Mass. After Mass a group of friends had gathered for their weekly Monday morning breakfast. It had been said that our little group used these weekly meetings to discuss the events of the past week or to put forth solutions to the "world problems." This Monday was different from the rest as the discussion centered around the decisions that we had each made during our lives and since the average of our "over the hill" gang was 79, we became philosophical in what we called:

Our Nine Rules For A Good Life

1. After loving our parents, siblings, spouse, children, and friends, we have now started loving ourselves.
2. We have realized we are not "Atlas," and the world does not rest on our shoulders.
3. We have stopped telling people that

SEE PG 2, "PREZ SEZ"

DISTRICT DOINGS

Anne Champagne
Governor, District #79



LENT

WE JOURNEY TO THE FOOT OF THE CROSS

Of course, we have all lived many Lenten journeys, and sometimes it is wise to reflect once again on what we need to focus on.

Back in 2018, Bishop David L. Ricken of Green Bay, Wisconsin published an article entitled "10 Things to Remember for Lent." Listed here are the bishop's 10 suggestions, along with a brief description. I hope that they will encourage you this year on your Lenten journey. Sometimes, simplicity can be the best approach.*

REMEMBER THE FORMULA: The Church does a good job capturing certain truths with easy-to-remember lists and formulas (e.g. 10 Commandments, 7 sacraments, etc.)

IT'S A TIME OF PRAYER. Lent is essentially an extended period of prayer, bringing us closer to Christ.

IT'S A TIME TO FAST. Fasting is actually a form of penance which helps us turn away from sin and towards Christ.

IT'S A TIME TO WORK ON DISCIPLINE. Instead of giving something up, it can be doing something positive.

IT'S ABOUT DYING TO YOURSELF. It's about more than self-control. It's about finding aspects about ourselves that are less than Christ-like and letting them die.

SEE PG 2, "DISTRICT DOINGS"



**HAPPY
BIRTHDAY!**

FEBRUARY

1st Andy Sison
20th Amanda Han

MARCH

2nd Fr. Cheeyoon Chun
3rd Anne Champagne
10th Gloria Suess
13th Loretta Callopy
20th Sr. Louise Ann Micek

PREZ SEZ *CONT.*

they've already told that story many times. The story helps them walk down memory lane and relive their past.

4. We have learned not to correct people even when we know they are wrong. The onus of making everyone perfect is not on us. Peace is more precious than perfection.

5. Give compliments freely and generously. Compliments are a mood enhancer not only for the recipient, but also for us.

6. Walk away from people who don't value us. They may not know our worth, but we do.

7. We should learn not to be embarrassed by our emotions as it is our emotions that make us human.

8. It is better if we learn to drop our egos than it is to break a relationship. Our egos will keep us aloof whereas with relationships we will never be alone.

9. Live each day as if it's the last; after all, it may be.

Did our little group of philosophers come up with these "Nine Rules" ourselves? No. We each have read or heard these before; however, we'd never taken the time to lay them all out as a plan. Together as a group, we agreed that it was time to put them into action.

Now you might ask if these revelations, as outlined above, have altered the weekly Breakfast Discussions. No, we are still back to solving the problems of the world, and the rest of the restaurant pays no attention to the over the hill gang in the corner!

City Club Newz

FEB-MARCH SPEAKERS

FEB 21 Angie Brazeal *LENTEN MEDITATION*



MAR 20 Fr. Rudy Aluman *(undecided)*



DISTRICT DOINGS *CONT.*

DON'T DO TOO MUCH. It is best to keep Lent simple and focused, not an ambitious period of personal reinvention.

LENT REMINDS US OF OUR WEAKNESS. Recognizing how helpless we are makes us seek God's help.

BE PATIENT WITH YOURSELF. God is calling us to be patient and to see ourselves as he does, with unconditional love.

REACH OUT IN CHARITY. it's about reaching out to others and helping them without question, as a way of sharing the experience of God's unconditional love.

LEARN TO LOVE LIKE CHRIST. Lent is a journey through the desert to the foot of the Cross on Good Friday, as we seek Him out, ask His help, join in His suffering, and learn to love like Him.

The entire USCCB article is available in handouts.

Serra Has Great Speakers

JAN 17 Peggy Delmastro on Advanced Healthcare Planning & Sr. Leanne Le NOV 15 on Jesus Caritas Fraternity, Bl. Charles de Faucould



JAN 3, '24 Francis Ang, seminarian in his pastoral year . . . AND Joan Patten from the diocesan Vocations Office

AND . . . →

Loretta Callopy DEC 6



LENT

**SERRA CHRISTMAS PARTIES ARE THE BEST!
AGAIN THIS YEAR IT WAS AT ST. JOSEPH
MOTHERHOUSE**

**Everyone brought an appetizer or dessert
as well as donations to:**

**CATHOLIC WORKER, CATHOLIC CHARITIES, AND
ST. VINCENT DE PAUL (at St. Joseph Church)**



Entertainment included a Christmas sing-along led by Matt Ivary and Joe Neglia as well as a series of funny and timely jokes read by Patty Baer and Mark Kreykche. Great fun!

SOME WORTHY ACTIVITIES FOR SERRANS



Msgr. John Urell
will lead our

LENTEN DAY OF
RECOLLECTION

SATURDAY, MARCH 2ND
HOLY FAMILY CHURCH

LOYOLA INSTITUTE FOR SPIRITUALITY



**HEARTS
ON FIRE**

Saturday, April 20, 2024

Christ Cathedral, Cultural Center
10:00 a.m. - 12:00 p.m.

Serra International Convention • New Orleans • August 8-11, 2024

Explore the deep Catholic history of the liveliest city in America!

Join us for Serra's 81st International Convention in vibrant New Orleans, the perfect destination for an unforgettable convention! Immerse yourself in the rich Catholic heritage of the city, with its awe-inspiring churches, historical landmarks, and deep spiritual roots. Explore the beautiful St. Louis Cathedral, stroll the renowned French Quarter, and savor delicious Cajun cuisine while connecting with Serrans from around the world.

New Orleans boasts an array of exciting attractions that make it an ideal convention destination. Enjoy the city's lively music scene, from jazz clubs to street performers, filling the air with soulful melodies. Take a leisurely stroll along the iconic Mississippi River, delve into the city's fascinating history, and visit the renowned WWII Museum. New Orleans offers an unforgettable blend of cultural experiences.

As always, our Serra Convention is a profound opportunity for spiritual growth and learning. Engage with well-known speakers who will inspire with their deep wisdom and insights. From practical workshops to inspiring keynote addresses, you'll enhance your faith and be equipped with the tools to strengthen your efforts to foster and promote vocations!

Registration opens Spring 2024